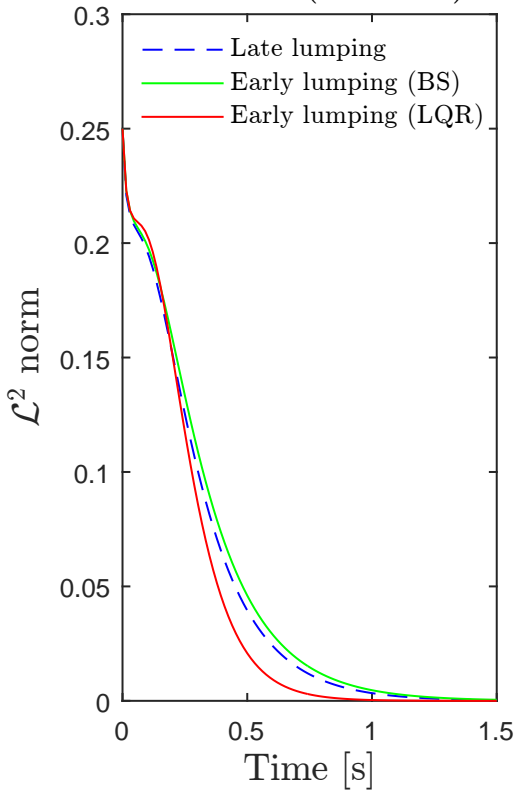


\mathcal{L}^2 -norm (5 modes)

Control effort

